

## 2009 CLASH AT THE CAPSTONE

Place	#	NAME	Wt/Ht
<b>TEEN MEN</b>			
1st	3	David Alexander	185.4
2nd	1	Tommy Snow	168
3rd	2	Wesley Hayes	178
<b>NOVICE LIGHTWEIGHT</b>			
1st	4	Aaron Golden	145.2
2nd	5	Michael Polis	150.4
<b>NOVICE MIDDLEWEIGHT</b>			
<b>1st</b>	<b>3</b>	<b>David Alexander</b>	<b>185.4</b>
2nd	7	Demetrius Turner	175
3rd	6	John Glover	169.8
4th	2	Wesley Hayes	178
<b>NOVICE HEAVYWEIGHT</b>			
1st	8	Jody Elmore	208.4
2nd	9	Laramie Rice	9
<b>MASTERS OVER 40</b>			
1st	12	Jeff Powell	202.4
2nd	10	Timothy Skinner	201.2
3rd	13	Rick Prince	175.4
4th	11	Jimmy Hartley	203.4
5th	14	Julius Reynolds	184
<b>MASTERS OVER 50</b>			
1st	17	Caesar Hamilton	154
2nd	16	David Snow	198.8
3rd	15	Glenn Bonnett	168.6
<b>MASTERS OVER 60</b>			
1st	18	Ed Bester	203
<b>MEN'S TUSCALOOSA</b>			
1st	16	David Snow	198.8
2nd	15	Glenn Bonnett	168.6
3rd	8	Jody Elmore	208.4
4th	11	Jimmy Hartley	203.4
5th	9	Laramie Rice	191.4
<b>FIGURE TUSCALOOSA</b>			
1st	34	JoAnna Monroe	5'3 <sup>3</sup> / <sub>4</sub> "
<b>COLLEGIATE ALABAMA</b>			
1st	19	Adam Aycock	154.2
<b>FIGURE SHORT</b>			
<b>1st</b>	<b>33</b>	<b>Brooke Mozley</b>	<b>5'2"</b>
2nd	32	Michelle Beatty	4'11 <sup>1</sup> / <sub>2</sub> "
3rd	30	Chrissy Haddican	5'4"
4th	34	JoAnna Monroe	5'3 <sup>3</sup> / <sub>4</sub> "
5th	31	Avis Thompson-Tiggs	5'2"
<b>FIGURE MEDIUM</b>			
1st	35	Gwen Smith	5'4 <sup>1</sup> / <sub>4</sub> "

Place	#	NAME	Wt/Ht
<b>BIKINI SHORT</b>			
<b>1st</b>	<b>28</b>	<b>Amy Brown</b>	<b>5'4"</b>
2nd	27	Wendy Parker	5'2 <sup>3</sup> / <sub>4</sub> "
3rd	26	Christy Dawson	5'1 <sup>1</sup> / <sub>2</sub> "
<b>BIKINI TALL</b>			
1st	29	Cindy Steele	5'5"
<b>JUNIOR LIGHTWEIGHT</b>			
1st	4	Aaron Golden	145.2
2nd	19	Adam Aycock	154.2
3rd	5	Michael Polis	150.4
<b>JUNIOR MIDDLEWEIGHT</b>			
1st	7	Demetrius Turner	175
2nd	20	Jesse Westbrook	162.2
3rd	6	John Glover	169.8
<b>JUNIOR LIGHT HEAVYWEIGHT</b>			
1st	21	Kevin Godwin	179
2nd	14	Julius Reynolds	184
<b>JUNIOR HEAVYWEIGHT</b>			
<b>1st</b>	<b>8</b>	<b>Jody Elmore</b>	<b>208.4</b>
2nd	9	Laramie Rice	191.4
<b>OPEN MEN LIGHTWEIGHT</b>			
1st	17	Caesar Hamilton	154
<b>OPEN MEN MIDDLEWEIGHT</b>			
1st	15	Glenn Bonnett	168.6
<b>OPEN MEN LIGHT HEAVYWEIGHT</b>			
<b>1st</b>	<b>23</b>	<b>Joseph Ajdarodini</b>	<b>192.2</b>
<b>OPEN MEN HEAVYWEIGHT</b>			
1st	16	David Snow	198.8
2nd	12	Jeff Powell	202.2
3rd	24	Anthony Ermi	206.4
4th	25	Michael Horvath	212.2

**\*OVERALL DIVISION WINNER**